



Carry-On Packing Checklist

Fillable + printable PDF

Trip and bag details

TRAVELER

DESTINATION

DEPARTURE DATE

TRIP LENGTH

AIRLINE

CARRY-ON SIZE LIMIT

WEIGHT LIMIT

BAG WEIGHT

Check your airline's current baggage rules before packing. Limits vary by route, fare and aircraft.

1 Travel documents and essentials

- Passport, driver's license or required identification.
- Boarding pass and flight confirmation.
- Visa, travel authorization or entry documentation, if required.
- Hotel and transportation confirmations.
- Travel insurance information, if purchased.
- Emergency contact details and copies of important documents.
- Wallet, payment cards and a small amount of cash.

2 Clothing

- Shirts or tops for the planned number of days.
- Pants, shorts, skirts or dresses.
- Undergarments and socks.
- Sleepwear.
- Lightweight layer or sweater.
- Destination-appropriate outfit.
- Swimwear or activewear when needed.
- Laundry bag or packing pouch.



Toiletries, Health and Electronics

Keep essentials accessible

3 Toiletries and personal care

- Toothbrush, toothpaste and floss.
- Deodorant.
- Skin-care essentials.
- Hair-care essentials.
- Sunscreen.
- Contact-lens supplies or glasses.
- Personal-hygiene products.
- Small grooming items.
- Clear liquids bag when required.
- Leak-proof toiletry containers.

4 Medication and health

- Prescription medication in original labeled containers.
- Enough medication for the trip plus a reasonable delay.
- Pain reliever or personal over-the-counter essentials.
- Bandages and basic first-aid items.
- Allergy medication or emergency medical items, if needed.
- Destination-specific health supplies.

5 Electronics and chargers

- Phone and charging cable.
- Portable charger.
- Universal travel adapter.
- Headphones or earbuds.
- Tablet or laptop, if needed.
- Camera and memory card, if needed.
- Cable organizer.
- Offline maps and travel apps downloaded.



Comfort and Trip-Specific Additions

Customize for your destination

6 Airport and in-flight comfort

- Travel pillow or neck support.
- Eye mask and earplugs.
- Light sweater, scarf or wrap.
- Refillable water bottle, empty before security when required.
- Snacks appropriate for the trip and destination rules.
- Hand sanitizer, tissues and lip balm.
- Book, downloaded entertainment or activity kit.

7 International travel additions

- Universal travel adapter.
- Passport copies stored securely.
- eSIM, phone plan or local SIM details.
- Translation and currency-conversion apps.

- Accommodation address available offline.
- Entry, customs and health documents.
- Pen for arrival forms when useful.
- Backup payment method stored separately.

8 Destination-specific extras

- Swimsuit, cover-up and sandals.
- Sun hat and destination-appropriate sunscreen.
- Waterproof pouch or dry bag.

- Thermal base layer and warm socks.
- Gloves, hat and packable outer layer.
- Moisturizer and weather protection.

- Business clothing and wrinkle-release spray.
- Laptop, charger and presentation backups.
- Business cards or meeting materials.

- Child documents and medication.
- Snacks, activity kit and comfort item.
- Extra outfit and family travel essentials.



Packing Strategy and Final Review

Ready to close the bag

9 Pack efficiently

- Use packing cubes or pouches to group similar items.
- Wear the bulkiest shoes and outer layer during travel.
- Roll soft clothing and fold structured garments.
- Fill shoes with socks or small accessories.
- Keep frequently used items near the top of the bag.
- Place liquids and medication where they are easy to remove.
- Leave a small amount of room for purchases or repacking.

Important reminder

Airline baggage limits and airport-security rules can change. Verify current size, weight, liquid and restricted-item requirements with your airline and the official security authority before departure.

10 Final night-before checklist

- Bag is fully packed and closes comfortably.
- Carry-on is within the airline's size limit.
- Bag was weighed if a weight limit applies.
- Passport, wallet and phone are in the personal item.
- Medication and valuables remain in the carry-on.
- Liquids and electronics are accessible for screening.
- Boarding pass and reservation details are accessible.
- Nothing essential is left charging or drying.

- My carry-on is packed and ready!**
Do one final passport, wallet, phone and medication check.

Notes, quantities or last-minute reminders

Use this checklist as general planning guidance. Verify current airline and security requirements before travel.